



Current activities of (women) support organisations (last update: 20.05.2020)

Organisation	Activities	Current opening hours	Contact
Bayerischer Flüchtlingsrat	(legal) consultation on asylum procedure, residence prospects, gender-specific rights for asylum, protection from violence in refugee accommodations	Appointments can be made via telephone	089 76 22 34
Bellevue di Monaco	<ul style="list-style-type: none"> - Migration counselling - Counselling on the asylum procedure - Counselling on education and work - Consultation for refugee women - Intercultural and conflict counselling (online) 	<p>Personal consultations If possible, bring your own mouth and nose protection Only seek advice if you have no flu-like symptoms and have not had any contact to Covid-19 patients in the last 14 days</p>	<p><i>Migration counselling</i> Tue: 4 -6 p.m., Thu: 10 a.m. -12 p.m., migrationsberatung@bellevuedimonaco.de <i>Counselling on the asylum procedure</i> Wed: 6 -8 p.m., Fri: 10 a.m. -12 p.m., a.fuchsloch@bellevuedimonaco.de <i>Counselling on education and work</i> Wed: 4-6 p.m., arbeitsmarktberatung@bellevuedimonaco.de <i>Consultation for refugee women</i> Wed: 10 a.m. -12 p.m., only with registration on 0176 – 34647785, frauencafe@bellevuedimonaco.de Online: <i>conflict counselling</i> – open or with registration, Wed: 7 – 8 p.m. here, konfliktberatung@bellevuedimonaco.de</p>

			Müllerstraße 2 80469 München Tel: 089 550 5775 0
Caritas – NUR Neue Ufer	Psychotherapeutic support and counselling for traumatized refugees	Telephone consultation with an appointment For Appointments: Wed, 11 a.m. - 2 p.m.	089 23 11 49 43
Diversity München	Advice for LGBTIQ * people under age 27	reachable by phone and email	089 55 26 69 86 beratung@diversity-muenchen.de
EineWeltHaus – legal counseling		reachable by phone and email	089 8563 75 21 rechtshilfe@einewelthaus.de
FrauenGesundheitsZentrum	Counselling for girls (from age 12) and women on health-related issues as well as on psychosomatic or medical complaints after experiencing violence	Individual consultations can be arranged via video consultation or in the premises of FGZ.	fgz@fgz-muc.de 089-129 11 95
Frauenhilfe	Psychosocial counselling for women affected by violence	Women's shelter full, currently no admission possible. Telephone counselling open 24/7	089 35 48 31 1
Frauennotruf	counselling and crisis phone for women who experienced sexual assault and violence	Reachable by phone: Mon, Tue, Thu, Fri from 10 a.m. to 1 p.m. as well as from 3 –9 p.m. Wed: 10 a.m. -1 p.m. as well as 6-9 p.m. online counselling	089 76 37 37 https://frauennotruf-muenchen.beranet.info/
FrauenTherapieZentrum	psychosocial and psycho-oncological counselling, social psychiatric service	Phone hours: Mon - Fri 10 a.m. - 1 p.m.	089 747 37 00
Hilfetelefon – Gewalt gegen Frauen	Germany-wide help line for women who have experienced or are experiencing violence	24/7, with translators in 17 languages	08 000 11 60 16
IMMA Beratungsstelle für Mädchen* und junge Frauen* (bis 27 Jahre)	Counselling for girls and young women under the age of 28 on different problems and questions, especially on	Phone hours: Mon and Tue: 2 to 4 p.m. Wed: 2-6 p.m. Thu: 10 a.m. - 12 p.m.	089 260 7531

	sexual abuse, domestic violence and traumatization as a result of having experienced violence	Please leave a message on the answering machine outside of the telephone hours Online counselling	www.onlineberatung.imma.de
InVia Kofiza	Integration and crisis management for migrant women; advice on professional, legal and social matters	Phone hours: Mon – Fri: 9 a.m. - 5 p.m.	089 54 88 89 50 kofiza@invia-muenchen.de
Jadwiga	Support for women affected by human trafficking, labour exploitation and forced marriage	Counselling by phone Counselling in mother tongue for English, French, Arabic, Russian, Hungarian, Polish, Serbo-Croatian, Romanian, Bulgarian, Macedonian, Albanian Phone hours: Mon – Fri: 9 a.m. - 2 p.m. and after agreement	Schwanthalerstr. 79 (back building) 80336 München 089 38 53 44 55 muenchen@jadwiga-online.de
Juno	Counselling for refugee women * in all situations	Counselling via WhatsApp, phone and personal meeting (Wed: 10 a.m. - 12 p.m. at Bellevue di Monaco)	0176 3464 7785
LeTRa	Counselling on various areas of lesbian life	counselling via mail and phone by appointment	info@letra.de
Münchner Flüchtlingsrat	Counselling, support and information on the asylum procedure	Counselling in “Infobus” in front of <ul style="list-style-type: none"> - EAE Fliegerhorst, Fürstenfeldbruck: Tue: 2 p.m. -4 p.m. - Am Moosfeld 37, Munich: Wed: 2:30 p.m. - 4:30 p.m. - Lotte-Branz-Str. 2, Munich: Wed: 5:00 p.m. - 7:00 p.m., <p>Counselling office: currently open for urgent matters only and with appointments</p> <p>Reachable by phone, email and WhatsApp: Mon -Thu: 1 p.m. to 5 p.m.</p>	For refugees in the Anker-centers: 0176 67606378 / 0176 29898902 (Mon – Thur: 1-5 p.m.) infobus.muc@muenchner-fluechtlingsrat.de For refugees in Munich: 089 12390096 (Mon, Tue, Thur, Fri 10 a.m.- 12 p.m.) WhatsApp: 0176 95682481 / 015115151835 aktiv@muenchner-fluechtlingsrat.de
open.med	Medical clinic for people without	Please call before seeking medical consultation - <i>General medical consultation:</i>	Dachauer Str. 161 80636 München

	health insurance	Tue: 4-7pm and Fri: 10 a.m. - 1 p.m. - <i>Children's consultation</i> : every 1st and 3rd Wednesday of the month from 5 to 6 p.m. - <i>Women's consultation</i> : every 2nd and 4th Thursday of the month from 10 a.m. to 1 p.m. - <i>Psychiatric and psychotherapeutic Consultation hour</i> : By appointment	0177 511 69 65 (9:30 a.m. – 5 p.m.)
Psychologischer Dienst der AWO München	Psychosocial care for migrants by psychologists who speak foreign languages	Telephone counselling in the mother tongue (languages: German, English, Turkish, Serbian, Croatian and Bosnian): Mon - Fri, 11 a.m. - 12 p.m. Please leave a message outside of telephone hours Individual counselling usually Mon - Thu, 8.30 a.m. - 5 p.m. and Fri: 8.30 a.m. - 3.30 p.m. The appointments take place after telephone agreement.	Mon-Wed: 11 a.m.-12 p.m.: 0160 526 6921 Tue-Fri, 11 a.m.-12 p.m: 0160 234 5547 Mon-Thur: 11 a.m.-12 p.m: 0160 953 91068 Tue-Thur: 11 a.m.-12 p.m 017622267420 psych.migration@awo-muenchen.de
Refugio	Counselling and treatment for traumatized refugees	General advice telephone, also for new registration: Mon – Fri: 10 a.m. - 12 p.m.	089 98 29 57 0
Schwangerschaftsberatungsstellen München und Landkreis München	Advice for women, men, couples and families on all questions on pregnancy, childbirth and post-labour	pregnancy counselling and subsequent counselling after birth: telephone appointments for psycho-social or legal questions, also urgent applications for financial aid for the baby equipment If necessary, with language mediation	<ul style="list-style-type: none"> - DONUM VITAE in Bayern e. V. 089 / 327 084 6 – 0 - Ev. Beratungszentrum München e. V. Tel. 089 / 5 90 48 – 1 50 - Familienberatung Ismaning 089 / 9 607 99 – 50/51 - Frauen beraten e. V. Tel. 089 / 59 99 57 – 0 Tel. 089 / 74 72 35 – 0 Tel. 089 / 67 80 41 04 – 0 - Landeshauptstadt München Tel. 089 / 2 33 – 4 78 71 - Landratsamt München Tel. 089 / 6221 – 2196 oder 089 / 6221 – 0 - pro familia - München e. V. Tel. 089 / 33 00 84 – 0 Tel. 089 / 89 76 73 – 0 Tel. 089 / 3 144 42 5

			<ul style="list-style-type: none"> - Sozialdienst katholischer Frauen München Tel. 089 / 5 59 81 – 2 27 Tel. 089 / 94 38 01 42 – 0 no pregnancy conflict counseling! - Beratung und Geburt Vertraulich 24-hour help phone for pregnant women in need (18 languages): 0800 40 40 020 Online-counseling: https://www.geburt-vertraulich.de/online-beratung/
SKF Benefit – Beratung für geflüchtete Frauen	Psychosocial counselling for refugee women	Phone Counselling Please speak on answering machine Language mediation (Arabic, dari) possible	0151 161 608 13 0151 161 608 12
Solwodi	Support for women who have been victims of human trafficking, forced prostitution and domestic violence	Phone counselling	089 2727 5859 muenchen@solwodi.de
Trans*Inter*Beratungsstelle	Counselling for inter * and trans * people and their families	Telephone hours and appointments: Mon and Thu: 1 p.m. - 3 p.m. Personal consultation with appointment	089 54 333 130 Lindwurmstr. 71 (Mittelbau) 80337 München info@trans-inter-beratungsstelle.de
Wüstenrose	Support for women who are at risk of forced marriage / violence in the "name of honour" and FGM (female genital mutilation)	Phone hours: Mon: 2pm - 4pm Tue: 10 a.m. - 12 p.m. Thu: 1 p.m. - 3 p.m. Please speak on answering machine or write an email outside the phone hours	089 45 21 63 50 Goethestr. 47 80336 München wuestenrose@imma.de

Information on the foreigners' department Munich, BAMF and administrative court / legal application department Munich

1. Foreigners' department Munich (Ausländerbehörde)

The office is open again, but only with appointment.

- Appointments made before closing are no longer valid. If your residence permit expires, you will automatically receive a new appointment by letter. In all other cases, please contact using the contact form on the homepage.
- In case of a delayed response by the foreigners' registration office after contacting by email, there are no disadvantages in terms of residence law. If you contact us by email, the registration office requires your first and last name, date of birth and full address in Munich.
- If your residence permit / national visa expires and you don't have an appointment yet, please contact us via the contact form. Please send us the necessary documents. You will receive an appointment. You can find out more on our website www.auslaenderbehoerde-muenchen.de.
- Electronic residence permits (eAT) will be sent to you as soon as they have arrived at the foreigners registration office. In the event of loss of the electronic residence permit (eAT), foreign ID or toleration, please contact the immigration office immediately by email (schnellschalter.kvr@muenchen.de). If you have already reported the loss to the police, send the document with your email.
- In all other cases, please contact the service phone 089 / 233-96010 or send an email to auslaenderbehoerde.kvr@muenchen.de

See: <https://www.muenchen.de/rathaus/Stadtverwaltung/Kreisverwaltungsreferat/Auslaenderwesen/Aktuelle-Meld.html>

2. BAMF

- **Negative decisions on the asylum plea are being delivered again**

This does not apply to negative decisions for applicants who live in quarantined reception facilities.

It is very important to pay attention to incoming mail so that the deadlines for complaints are not missed!

- **Asylum applications are generally only accepted in written form**

The Federal Office for Immigrants and Refugees has changed the personal application and is currently only accepting asylum applications in written form. This is not a "written asylum application" in accordance with paragraph 14 (2) Asylum Act, for example for unaccompanied minors or for applicants who are in detention or in a hospital. So it continues to be a personal application with so-called "Form applications".

- **Interviews at the moment only in special cases, in particular with safety relevance:**

The Federal Office is currently focusing on decisions, if possible without conducting interviews. In special cases, particularly those related to safety, interviews continue to take place.

- **Asylum procedure counselling suspended**

See: https://www.bamf.de/DE/Startseite/_documents/corona-asyl-und-fluechtlingsschutz.html?nn=282656#doc674782bodyText4

3. Administrative court / legal application department (Verwaltungsgericht/Rechtsantragsstelle)

- **Gradual, significantly restricted opening of sessions**

An information leaflet will be sent to those involved in the court procedure

- **The filing of lawsuits or the submission of applications should be made in written form, via fax or in the context of electronic legal transactions.**

- Electronic legal transactions are opened at the Munich Administrative Court. You can find more information on electronic legal transactions here:

<http://www.vgh.bayern.de/verwaltungsggerichtsbarkeit/rechtsantragsstelle/index.php>

If you do not meet the requirements of electronic legal transactions, legal remedies, legally valid declarations, briefs, etc. must be submitted in written form only on paper or by fax. Simple emails are not suitable for sending procedural documents!

- If it is still necessary to go to the legal application department of the court, please make an appointment by phone in advance (Tel.Nr .: 089/51430).

- **The legal application department in Manching remains closed until further notice.**

See: <http://www.vgh.bayern.de/vgmuenchen/>